

# Introduction to the Bach Flower Remedies

Sun 27th March – Dublin Holistic Centre, 28 South William St.



The Bach Flower Remedies are the original flower essences. Beyond the **Rescue Remedy**, Bach's simple system of 38 essences are a complete and supportive method of mental and emotional healing.

They equip you as a therapist with an additional **safe and effective treatment** with which to support your clients, or as an enthusiast, with a simple means to assist your friends, family and your own personal development.

This one day course offers a **practical introduction** to the remedies and their use. During the day we'll cover the philosophy and preparation of the Bach Flowers, detailed remedy pictures and their clinical application. You should leave being able to **prescribe with confidence**.

*Mark has worked with these essences for over 20 years, completing the Nelson/Bach practitioner level training. He is a registered homeopath and Reiki teacher who develops his own flower, crystal and environmental essences.*



€70 investment for the day.

More details at: [www.bachremedies.net](http://www.bachremedies.net)  
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